

## Face

### **Elemental Nature Facial**

**60 MIN \$99**

Restore healthy balance to your skin with a custom essential aroma plant extract treatment. Visible results and long term benefits encourage skin care focus at home as well.

### **Fire & Ice Peel**

**60 MIN \$99**

Plant based peel that has the same effect of a 30% glycolic treatment - with no harsh side effects.

## Body

### **Back Treatment**

**60 MIN \$79**

Designed to bring purity and balance to the skin. A combination of cleansing, exfoliation, massage and masque therapy leave you feeling soothed and relieved.

### **Rosemary Mind Awakening Body Wrap**

**60 MIN \$84**

Renew body and mind with this stimulating and nurturing wrap. You are exfoliating, smoothed, softened, then wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body.

### **Aqua Polish (Salt Glow)**

**45 MIN \$84**

A full body exfoliation and refinement using the therapeutic benefits of marine elements. Dead Sea salts, plant oils and enhanced with a personal aromatic blend followed with a Rainforest Shower session to complete this heavenly experience. The result is the most conditioned soft skin you'll ever experience!

### **Aqua Therapy**

**90 MIN \$135**

A rejuvenating and nurturing body wrap that uses the healing touch and plant based ingredients from the ocean to nurture and restore the body and senses. Dry exfoliation, a detoxifying seaweed masque wrap followed by Rainforest Hydrotherapy shower to cleanse you. Finished with a nourishing lotion.

## Massage

### Elemental Nature

30 MIN \$45 • 60 MIN \$84 • 90 MIN \$105

A personalized experience based upon the Aveda philosophy and your favourite aroma. Depending on your needs a variety of massage techniques will be utilized.

### Fusion Stone Massage

60 MIN \$90 • 90 MIN \$119

A seamless integration of soothing stone therapy, relaxing techniques and aromology are combined. The benefits of both warm and cool stones impart supreme benefits and heightened stress release.

## Esthetics • Manicures

### Spa

60 MIN \$49

A hand relieving treatment which includes care of nails and cuticles, a soft scrub, massage and either a paraffin dip or an intense hydrating masque.

### Express

30 MIN \$30

Simply to maintain and for last minute touch-ups, including shaping, buffing, hydrating and polish.

### Gentleman's

30 MIN \$30

Nail care therapy, shaping, cuticles, combined with an excellent hand massage and completed with a buff for a healthy shine.

*Add a gel polish to any manicure for \$10*

**Esthetics • Manicures**

All fills over four weeks, add \$15

Gel Polish	\$35 and up
Regular Set	\$85 and up
French Set	\$90 and up
Regular Overlay	\$65 and up
French Overlay	\$75 and up
Regular Fill	\$55 and up
French Fill	\$60 and up

**Esthetics • Pedicures**

Add to gel polish with your pedicure \$15

**Spa** **90 MIN \$75**

A foot relieving treatment, complete with river rock foot bath, sea salt scrub, aromatic steam towels, cuticle and callus removal, as well as a divine massage, paraffin dip and polish application.

**The Original** **60 MIN \$65**

A maintenance pedicure which includes basic nail care, cuticle and callus removal, as well as a nourishing foot relieving massage, with polish to finish.

**Men's** **50 MIN \$54**

The attention he's needed! Cuticles, calluses, stress and tension are all taken away! Deep massage and buffing of nails are a must.

**Express** **30 MIN \$45**

Soak cuticle, foot file and polish.

**Esthetics**

**Aromatherapy steam session before any treatment \$15**

Enhance with paraffin - Hands or Feet	<b>\$10</b>
Both hands and feet	<b>\$18</b>

*Add French Polish to any manicure or pedicure \$10*

**Pure Plant Waxing**

Brow Wax	<b>\$19 and up</b>
Brow & Lip Wax	<b>\$29 and up</b>
Lip or Chin Wax	<b>\$18 and up</b>
Brow Tint	<b>\$18 and up</b>
Brow Wax and Tint	<b>\$29 and up</b>
Eyelash Tint	<b>\$25 and up</b>
Lash Tint & Brow Wax	<b>\$35 and up</b>
Regular Bikini Wax	<b>\$35 and up</b>
Brazilian Wax	<b>\$65 and up</b>
One-Half Legs	<b>\$45 and up</b>
Full Legs	<b>\$75 and up</b>
Back or Chest Wax	<b>\$55 and up</b>
Full Back & Chest	<b>\$69 and up</b>
Underarms	<b>\$25 and up</b>
Arms	<b>\$30 and up</b>

## Makeup

Mink Lashes	\$135
Lash Fills	\$50
Bridal	60 MIN \$50
Makeup Lesson	45 MIN \$40

*Prices subject to change without notice*

## Spa Packages

### **The Ultimate** **6.6 Hours \$394**

An Aromatherapy steam session, custom aromatic walnut body scrub, 60 minute relaxation massage, spa lunch – customized, Elemental Nature Facial, Spa Manicure and Spa Pedicure.

### **Element of Relaxation** **5 Hours \$269**

Aromatherapy steam session, customized Elemental Nature Facial, 30 minute massage, spa lunch, Spa Manicure and Spa Pedicure.

### **Element of Renewal** **2 Hours \$129**

Aqua Polish (Salt Glow) treatment, followed by a rainforest hydrotherapy shower, 30 minute massage.

### **Element of Harmony** **2.5 Hours \$184**

Rosemary mint body wrap, aromatherapy steam session, customized Elemental Nature Facial.

### **Element of Focus** **3.5 Hours \$224**

Aromatherapy steam session, Elemental Nature Facial, Spa Manicure and Spa Pedicure.

## Spa Packages

### Spa Package for Him

2 Hours \$99

Aromatherapy steam, 30 minute massage, sport pedicure.

### The Essential

2.5 Hours \$140

Rainforest hydrotherapy shower, 30 minute massage, regular pedicure and express manicure.

### Couples Therapy

3.5 Hours \$334

Couples aromatherapy steam session, Gentleman's 60 minute massage, Women's Elemental Nature Facial, couples spa lunch, followed by couples Spa Pedicures – delightful!

## HOW TO ENJOY

Please arrive 15-20 minutes prior to your scheduled time, to prepare and enjoy. Robes, slippers, towels and personal lockers are provided when receiving any body wraps, salt glows, rainforest shower, hydrotherapy and custom aromatherapy steam sessions. For personal comfort it is suggested than an extra pair of underwear or bathing suit is brought – we also will provide disposable garments for your convenience.

This time is also required for your Sensory Aveda Experience, beginning with an “Elemental Nature” consultation for you and your therapist to customize all of your treatments. To enjoy your time here, we ask that cell phones and pagers are turned off for the need for relaxation and quietness. Your treatments are reserved especially for you so our cancellation policy requires a minimum of 24 hours notice to re-schedule or cancel.

**Less than 24 hour notice you will be charged 50% of the services booked and gift certificates will be reduced to half of their value.**

**Prices are subject to change without notice.**